

Jennifer J.



Certified Personal Trainer
Master Trainer
TC24 Coach
Team Member Since: 2007
Sessions Serviced:10,000 +

Education & Certifications

- BS in Business Management from University Of Missouri, St. Louis
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- PTA Global - PTA Global PT Certification
- TC24 Coach
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

Playing with my daughter
Cooking
Expanding my knowledge related to health and fitness
Being outdoors



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 372

