

# Jennifer J.



**Certified Personal Trainer**  
**Master Trainer**  
**TC24 Coach**  
**Team Member Since: 2007**  
**Sessions Serviced:10,000 +**

## Education & Certifications

- BS in Business Management from University Of Missouri, St. Louis
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- PTA Global - PTA Global PT Certification
- TC24 Coach
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

Playing with my daughter  
Cooking  
Expanding my knowledge related to health and fitness  
Being outdoors



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 372

