

Linzey R.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- PADI Scuba Certified 2012
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Studying nutrition and fitness
- Swimming and water activities
- Weight lifting and exercise
- Traveling and photography



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 372