

# Sam P.



**Certified Personal Trainer  
Group X Instructor  
Team Member Since: 2009  
Sessions Serviced: 2,000 +**

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- TRX Suspension Training – Certified TRX Instructor
- World Instructor Training School - Personal Trainer Certification

## Hobbies and Achievements

- Scuba certified 2010
- Rock climbing
- Outdoors activities
- Swimming



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 372