

# Kyle P.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Business Management from Grambling State University
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Drafted by the Washington Nationals in 2007
- Kick Boxing and Jiu Jitsu
- Won a D1 Division Title at Grambling State in 2010
- Power Lifting
- Strongman Competition
- Sport Performance Training



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Club ID: 374