

# Stephanie T.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BS in Psychology from University of North Texas
- MA in Sport Management from Southern New Hampshire University
- National Council on Strength and Fitness - Personal Trainer

## Hobbies and Achievements

- Hiking with my dogs
- Competitive mountain biking
- Traveling around the world
- Reading and learning new things



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