

# Mark K.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Kinesiology - Exercise Science from Texas A&M University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- White Rock Marathon Finisher 2011



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 377

