

Lyn S.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Triathlons
- Cycling
- Softball
- Playing with my dogs



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 378