

Scotty L.



Team Member Since: 2006

Education & Certifications

- BS in Kinesiology from Stephen F Austin State University
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Federation of Professional Trainers - Personal Trainer

Hobbies and Achievements

- Fishing
- Reading
- Sports



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 392

