

Benjamin B.



Certified Personal Trainer
Team Member Since: 2016

Education & Certifications

- BS in Kinesiology from Texas AandM Commerce
- AED (Automated External Defibrillator)
- Cooper Institute - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Doing Puzzles
- 4x4 and Camping with my family
- Collecting hot wheels and baseball cards
- Running 5ks, 10ks, and half marathon training
- 3x Collegiate All American



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Club ID: 393