

Brian S.



Master Trainer
Fitness Manager
Team Member Since: 2001
Sessions Serviced: 15,000 +

Education & Certifications

- BS in Kinesiology from University of Texas Austin
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Tae Kwon Do
- Volleyball
- Swimming
- Action movie fan
- Proud husband and daddy!!



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24hourfitness.com/personaltraining

Club ID: 393

