

Erin B.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Exercise Science from Pacific Lutheran University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Playing volleyball
- 2012 - 3rd Team All-American Womens Volleyball
- 2011 - All-American Strength & Conditioning Athlete of the Year



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 402

