

Ryan T.



Certified Personal Trainer
Team Member Since: 2012

Education & Certifications

- BS in Exercise Science from Eastern Washington University
- AED (Automated External Defibrillator)
- CPR Certification
- National Strength and Conditioning Assoc. - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Bodybuilding
- Competing in NPC (National Physique Committee) bodybuilding competitions
- Playing team sports



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24hourfitness.com/personaltraining

Club ID: 402

