

Angie L.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2009

Education & Certifications

- BS in Business Management from Portland State University
- AED (Automated External Defibrillator)
- American Fitness Professionals and Associates Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Cycling
- Family
- Triathlons
- USA Triathlon Level 1 Coach



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24hourfitness.com/personaltraining

Club ID: 411