

Kelsey B.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BA in Health and Physical Education from Concordia University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification

Hobbies and Achievements

- Hiking
- Running trails
- Defensive Player of the Year - College Soccer, 2002



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 411

