

Kevin O.



Master Trainer
Team Member Since: 2012
Sessions Serviced:10,000 +

Education & Certifications

- BA in Business Administration from Warner Pacific College
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- All Sports - Track, Basketball, Soccer and Wrestling
- Martial Arts
- Manage Salmon Creek Indoor Soccer Team



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 411

