

# Sherri P.



**Certified Personal Trainer  
Team Member Since: 2012**

## Education & Certifications

- BS in Exercise Science from Portland State University
- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

## Hobbies and Achievements

- Personal Trainer and fitness instructor for 30 years
- Physical Therapist for 13 years
- 1st Place in 2011 Triathlon
- Water skiing
- Camping



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scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 411