

Chee N.



Certified Personal Trainer
Master Trainer
Group X Instructor
Team Member Since: 2003
Sessions Serviced:15,000 +

Education & Certifications

- BS in Occupational Therapy from Wichita State University
- BA in Graphic Design from Wichita State University
- AED (Automated External Defibrillator)
- Aerobic and Fitness Association of America - Personal Trainer Certification
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

certified biomechanics specialist
certified nutritionist
hiking, mma, tennis
cooking, arts, design



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 412

