

# Hana F.



**Certified Personal Trainer**  
**Team Member Since: 2012**

## Education & Certifications

- BS in Exercise Science from George Fox University
- AED (Automated External Defibrillator)
- CPR Certification

## Hobbies and Achievements

- Exercise & Fitness
- Camping and being outdoors
- Captain of the George Fox throws team 2011 and 2012
- Wake surfing



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 415