

Bobby M.



Certified Personal Trainer
Master Trainer
Team Member Since: 2007
Sessions Serviced: 10,000 +

Education & Certifications

- AED (Automated External Defibrillator)
- American Fitness Professionals and Associates Certification
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- 2009 and 2010 Bodybuilding Champion (Vancouver USA Natural)
- Active OCR (Obstacle Course Race) athlete
- I enjoy spending time with my wife and daughter
- Proud member of the Washington Army National Guard
- I enjoy cheering on ALL Seattle Sports, especially my beloved Huskies!



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 418