

Jeana C.

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Lifestyle and Weight Management Coach
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Group X Instructor
Team Member Since: 2010

Hobbies and Achievements

- Enjoy running in various 5K races around Seattle



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 419

