

Paris W.



Master Trainer
Assistant Fitness Manager
Team Member Since: 2008

Education & Certifications

- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- Boxing
- Cliff jumping
- Volunteering at soup kitchen



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining