

Darren K.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Emerald Cup Champion
- Brazilian Jiu Jitsu, Purple Belt
- Personal Trainer since 1988
- Crossfit Competitor
- Mud Runs



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 428