

Christopher M.

Education & Certifications

- BS in Exercise and Sport Science from University of Utah
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer



Certified Personal Trainer
Team Member Since: 2011

Hobbies and Achievements

- Martial arts
- Trail running
- Reading anything other than textbooks



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Club ID: 431

