

Jai Q.

Education & Certifications

- BA in Personal Training from Pinnacle Career Institute
- AED (Automated External Defibrillator)
- CPR Certification



Certified Personal Trainer
Team Member Since: 2012

Hobbies and Achievements

Most Valuable Player Award in Basketball 2008
Enjoy traveling last place visited was Hawaii
Broke high school record ins squat at 450lbs 2005
Cherish spending time with family and friends



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 432

