

Melissa M.



Master Trainer
Team Member Since: 2008
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Kinesiology from Texas A&M University
- MA in Biblical Studies from Dallas Theological Seminary
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 432

