

Justin W.

Education & Certifications

- BS in Exercise Sports Science from University of Utah
- 24 Hour Fitness - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist



Certified Personal Trainer
Team Member Since: 2006

Hobbies and Achievements

- Spending time with my kids
- Playing and watching football
- Wakeboarding
- Foreign languages
- Traveling



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 433

