

Geoff P.



Certified Personal Trainer
Master Trainer
Team Member Since: 2012
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Kinesiology: Human Performance Analysis from San Francisco State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Soccer
- Disc Golf
- Sport Specific Training
- Kettlebell Training
- NESTA Fitness Nutrition Coach



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 435