

# Jackie B.



**Certified Personal Trainer**  
**Team Member Since: 2010**  
**Sessions Serviced: 5,000 +**

## Education & Certifications

- BS in Kinesiology from Memorial University of Newfoundland
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- 2013 Governors Life Saving Award
- Hiking, outdoors, camping
- Cycling, running
- Martial Arts, archery



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 489