

Jackie B.



Certified Personal Trainer
Team Member Since: 2010
Sessions Serviced: 5,000 +

Education & Certifications

- BS in Kinesiology from Memorial University of Newfoundland
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- 2013 Governors Life Saving Award
- Hiking, outdoors, camping
- Cycling, running
- Martial Arts, archery



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 489

