

Kenyatta H.



Master Trainer
Team Member Since: 2006
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Sports Management from Worcester State University
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist

Hobbies and Achievements

- Reading, historical research, study on the science of everything in life
- 2001 Massachusetts All-State team for high school football
- 2003 Boston Globe Golden Helmet award for player of the week



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24hourfitness.com/personaltraining

Club ID: 490

