

Patrick M.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BA in Art (Illustration) from California State University, Long Beach
- AED (Automated External Defibrillator)
- CPR Certification
- National Council on Strength and Fitness - Personal Trainer

Hobbies and Achievements

- 3rd degree black belt Kendo
- 2nd degree black belt Karate
- Sculpture
- Creature/Character design



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 490