

Denise B.



**Certified Personal Trainer
Team Member Since: 2012**

Education & Certifications

- BA in Phi/Psy from U.C. Davis
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Health Fitness Specialist
- CPR Certification

Hobbies and Achievements

Cycling: CA Aids ride, RTB
Waterskiing/Skiing
Hiking
Jogging: 2nd Place Age PDX Duathlon



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 491

