

Samantha E.



Certified Personal Trainer
Team Member Since: 2010

Education & Certifications

- BS in Exercise Science from Linfield College
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Tai Chi
- Yoga
- 2006 Fellowship of Christian Athletes Female Athlete of the Year



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 491

