

# Samantha E.



**Certified Personal Trainer**  
**Team Member Since: 2010**

## Education & Certifications

- BS in Exercise Science from Linfield College
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- CPR Certification
- TRX Suspension Training – Certified TRX Instructor

## Hobbies and Achievements

- Tai Chi
- Yoga
- 2006 Fellowship of Christian Athletes Female Athlete of the Year



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 491

