

Tricia K.



Certified Personal Trainer
Master Trainer
Group X Instructor
TC24 Coach
Team Member Since: 2012
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Economics from University of California Davis
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist
- TC24 Coach

Hobbies and Achievements

- Weight Training
- Cooking
- Kayaking
- Portland Marathon Finisher 200 0
- Terrain/Obstacle Course Races



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 491