

Jessica W.



Certified Personal Trainer
Master Trainer
Team Member Since: 2010
Sessions Serviced: 2,000 +

Education & Certifications

- BA in Theatre/Theatre Education from Western Washington University
- MA in Theatre from Louisiana State University
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Hiking
- Skiing
- Cooking
- Climbing
- Working Out
- Running



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 492

