

# Johnnie H.

## Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



**Certified Personal Trainer**  
**Master Trainer**  
**Team Member Since: 2003**  
**Sessions Serviced:5,000 +**

## Hobbies and Achievements

- Spending time with my wife and son
- Playing sports - anything with a ball



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 493

