

Grant K.



Certified Personal Trainer
Team Member Since: 2009

Education & Certifications

- BA in Kinesiology from San Jose State
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer

Hobbies and Achievements

- Mexican Food
- Martial Arts
- Innovative Work Outs
- Changing Lives



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 497