

Marilee M.



Certified Personal Trainer
Master Trainer
Team Member Since: 2010
Sessions Serviced: 5,000 +

Education & Certifications

- BA in Communication from Jamestown College
- BA in Music and Theatre from Jamestown College
- AA Advanced Health and Fitness Training from Bryan University
- AED (Automated External Defibrillator)
- American College of Sports Medicine - Certified Personal Trainer
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Music Ministry
- Watching Sports
- Distance Running



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 498

