

# Ryan J.

## Education & Certifications

- BA in New Media from Academy of Art University
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



**Certified Personal Trainer**  
Team Member Since: 2012

## Hobbies and Achievements

- Certified Massage Therapist
- Camping & Hiking
- Scuba Diving
- Biking
- Yoga



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[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 502

