

Cory M.



**Certified Personal Trainer
Team Member Since: 2013**

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- International Sports Sciences Association - Strength and Conditioning Certification
- International Sports Sciences Assoc. - Fitness Therapy Certification
- International Sports Sciences Assoc. - Personal Trainer Certification
- TRX Suspension Training – Certified TRX Instructor

Hobbies and Achievements

- Traveling
- Snowboarding
- Hiking and Lifting Weights
- US Marine Corps 2008-2012, 0331
- Spending Time with Friends and Family



**For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 503