

Grant R.



Certified Personal Trainer
Team Member Since: 2011

Education & Certifications

- AED (Automated External Defibrillator)
- American Council on Exercise - Personal Trainer Certification
- CPR Certification

Hobbies and Achievements

- Baseball
- Nutrition
- Weight training
- Wrestling



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 507