

# Jeremy F.



**Certified Personal Trainer**  
**Team Member Since: 2013**

## Education & Certifications

- BA in Recreation, Parks, and Tourism Admin from San Francisco State University
- AED (Automated External Defibrillator)
- CPR Certification
- International Sports Sciences Assoc. - Personal Trainer Certification

## Hobbies and Achievements

- Former NCAA Collegiate Basketball Player
- Working Out
- Healthy Cooking
- Body Sculpting



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](http://24hourfitness.com/personaltraining)

Club ID: 507