

Sam T.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Social Science from U.S. Air Force Academy
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- Air Force Academy Football 2003-2005
- Researching Nutrition and Fitness
- Playing Pick-Up Basketball
- Hiking



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 510