

Ian L.



Certified Personal Trainer
Team Member Since: 2013

Education & Certifications

- BS in Exercise Biology from University of California, Davis
- AED (Automated External Defibrillator)
- CPR Certification

Hobbies and Achievements

- Spending Time with my Friends and Family
- Swimming
- Basketball
- Fantasy Football
- Guitar



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 511