

Wolfgang H.



Certified Personal Trainer
Group X Instructor
Team Member Since: 2013

Education & Certifications

- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

Hobbies and Achievements

- CrossFit Level 1 Trainer
- Over 5 years CrossFit Experience
- Swimming
- 3 Time Tough Mudder Competitor



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 511