

Joshua E.

Education & Certifications

- AA in Fitness Instruction from Diablo Valley College
- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Fitness Nutrition Specialist
- National Academy of Sports Medicine - Performance Enhancement Specialist
- National Council on Strength and Fitness - Personal Trainer
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer
- TRX Suspension Training – Certified TRX Instructor



Certified Personal Trainer
Master Trainer
Assistant Fitness Manager
Team Member Since: 2009
Sessions Serviced: 2,000 +

Hobbies and Achievements

- Fitness and Healthy Cooking
- Football
- Snowboarding
- Hiking



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