

Omar T.



Master Trainer
Team Member Since: 2002
Sessions Serviced: 2,000 +

Education & Certifications

- BS in Kinesiology from Washington State University
- 24 Hour Fitness - Certified Personal Trainer
- Aerobic and Fitness Association of America - Personal Trainer Certification
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- Working out
- Camping
- Baseball



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 512

