

# Tina V.



**Master Trainer**  
**Team Member Since: 1998**  
**Sessions Serviced: 2,000 +**

## Education & Certifications

- BS Degree in Kinesiology from Lund University, Sweden
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Corrective Exercise Specialist

## Hobbies and Achievements

- Volleyball
- Skiing
- Traveling



For more info about this trainer,  
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[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 512

