

Loren B.

Education & Certifications

- AED (Automated External Defibrillator)
- bodybugg® Calorie Management System Certification
- CPR Certification
- National Exercise and Sports Trainers Assoc. - Personal Fitness Trainer



Certified Personal Trainer
Group X Instructor
Team Member Since: 2012

Hobbies and Achievements

- Bass Guitar
- Live Shows
- Bodybuilding
- Healthy Cooking
- Hiking



For more info about this trainer,
scan this code with your smart phone or visit:

24hourfitness.com/personaltraining

Club ID: 513

