

# Carolina F.



**Certified Personal Trainer**  
**Master Trainer**  
Team Member Since: 2011

## Education & Certifications

- BA in Business/Human Resources from California State University, East Bay
- 24 Hour Fitness - Certified Personal Trainer
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer

## Hobbies and Achievements

- Shopping
- Fitness
- Traveling



For more info about this trainer,  
scan this code with your smart phone or visit:

[24hourfitness.com/personaltraining](https://24hourfitness.com/personaltraining)

Club ID: 514

