

Steven B.



**Certified Personal Trainer
Team Member Since: 2011**

Education & Certifications

- Studying Health & Physical Education from Corning Community College
- AED (Automated External Defibrillator)
- CPR Certification
- National Academy of Sports Medicine - Certified Personal Trainer
- National Academy of Sports Medicine - Performance Enhancement Specialist

Hobbies and Achievements

- CrossFit Level 1 Trainer 2012
- Freestyle Movement Seminar 2012
- Gymnastics
- Sports Nutrition



For more info about this trainer,
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24hourfitness.com/personaltraining

Club ID: 519